## PREVENT CERVICAL CANCER

with the Right Test at the Right Time



## SCREENING TESTS

Screening tests can find abnormal cells so they can be treated before they turn into cancer.

HPV tests aren't recommended for screening women under 30.

PAP<br/>TESTThe PAP test looks for changes in<br/>cells on the cervix that could<br/>turn into cancer if left untreated.

HPV TEST The human papillomavirus (HPV) test looks for the virus that causes these cell changes.

HPV THE MAIN CAUSE OF CERVICAL The PAP test looks for changes in cells on the cervix that couldturn into cancer if left untreated.
Most people get it, but it usually goes away its own.
If HPV doesn't go away, it can cause cancer.

## ICON HERE

Most women don't need a PAP test every year! Have your 1st PAP test when you're

**21** If your test results are normal. You can wait 3 years for your next PAP test.



When you turn 30 you have a choice: If your test results are normal, get PAP test every 3 years.

OR Get both a Pap test and an HPV test every 5 years.

## YOU CAN STOP GETTING SCREENED IF:



You're older than 65 and have had normal PAP test results for many years.

Your cervix was removed during surgery for a non-cancerous condition like fibroids.

The cervix is the lower, narrow end of the uterus (womb) that connects the uterus to the vagina (birth canal).



O@tigerlily\_foundation f@tigerlilyfoundation.org y@tigerlilycares